

History & Physical

New-patient surgical History & Physical note

Patient: ZZTEST Pipeline Tester

DOB: 1980-04-12

Age: 46 yr

Visit date: 2026-07-18

Reason for visit: ZZTEST RLQ abdominal pain, r/o
appendicitis

Referring doctor: ZZTEST Dr. Referral

Family doctor: —

Encounter status: completed

PAST MEDICAL HISTORY

Recorded by Front desk / patient-entered (Front desk) — Jul 18, 2026, 10:40 PM CDT

Past Medical History: Hypertension, GERD - reflux

PAST SURGICAL HISTORY

Recorded by Front desk / patient-entered (Front desk) — Jul 18, 2026, 10:40 PM CDT

No entries recorded.

PAST FAMILY HISTORY

Recorded by Front desk / patient-entered (Front desk) — Jul 18, 2026, 10:40 PM CDT

No entries recorded.

SOCIAL HISTORY

Recorded by Front desk / patient-entered (Front desk) — Jul 18, 2026, 10:40 PM CDT

No entries recorded.

VITALS

Recorded by Nurse Tester (Nurse) — Jul 18, 2026, 10:40 PM CDT

Height: 70 in

Weight: 190 lb

BMI: 27.3

Temperature: 98.6 °F

Heart rate: 78 bpm

Respiratory rate: 16 /min

Blood pressure — systolic: 128 mmHg

Blood pressure — diastolic: 82 mmHg

SpO₂: 98 %

Pain score: 4 /10

MEDICATIONS

Recorded by Nurse Tester (Nurse) — Jul 18, 2026, 10:40 PM CDT

Current medications: Medication: Lisinopril · Dose: 10 mg · Frequency: once daily

ALLERGIES

Recorded by Nurse Tester (Nurse) — Jul 18, 2026, 10:40 PM CDT

Allergies: Allergen: Penicillin · Reaction: Hives · Severity: Moderate

HISTORY OF PRESENT ILLNESS

Recorded by Surgeon Tester (Surgeon) — Jul 18, 2026, 10:41 PM CDT

HPI

ZZTEST 46yo with 2 days of RLQ pain, migratory from periumbilical region, worse with movement. No prior similar episodes.

REVIEW OF SYSTEMS

Recorded by Surgeon Tester (Surgeon) — Jul 18, 2026, 10:41 PM CDT

Do you wear contacts/glasses?: No

Is there a chance you are pregnant?: No

PHYSICAL EXAM

Recorded by Surgeon Tester (Surgeon) — Jul 18, 2026, 10:41 PM CDT

General / Constitutional

Alert, no acute distress. Afebrile.

Cardiovascular

RRR, no murmurs.

Abdomen

Tender RLQ, +McBurney, no rebound. Soft, non-distended.

ASSESSMENT

Recorded by Surgeon Tester (Surgeon) — Jul 18, 2026, 10:41 PM CDT

Assessment

Acute appendicitis, clinically suspected. ZZTEST.

PLAN

Recorded by Surgeon Tester (Surgeon) — Jul 18, 2026, 10:41 PM CDT

Plan

CT abd/pelvis w/ contrast; NPO; IV fluids; surgical consult; likely laparoscopic appendectomy. ZZTEST.